

*The*

# Millennial Instructor

HOLINESS TO THE LORD



Vol. 3

I Am the *Light* of the World

No. 2





# I AM THE LIGHT OF THE WORLD



As you explore these pages and resources, I hope you will come to understand not only the wonder of light, but how it points us to Jesus Christ, the Light of the World. Throughout the scriptures, light reminds us of His power to guide, reveal truth, bring hope, and lead us safely home.

May you see His hand in the wonders of creation.

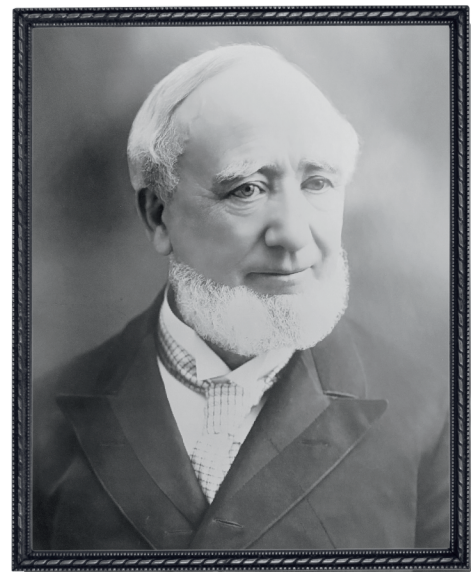
May you recognize His light in the stories you read.

And may every sunrise, every star, and every beam of light remind you of the Savior who invites us to follow Him.

As you come to know Him more deeply, may your testimony grow, your faith be strengthened, and your life be filled with His light—the greatest Light of all, Jesus Christ.

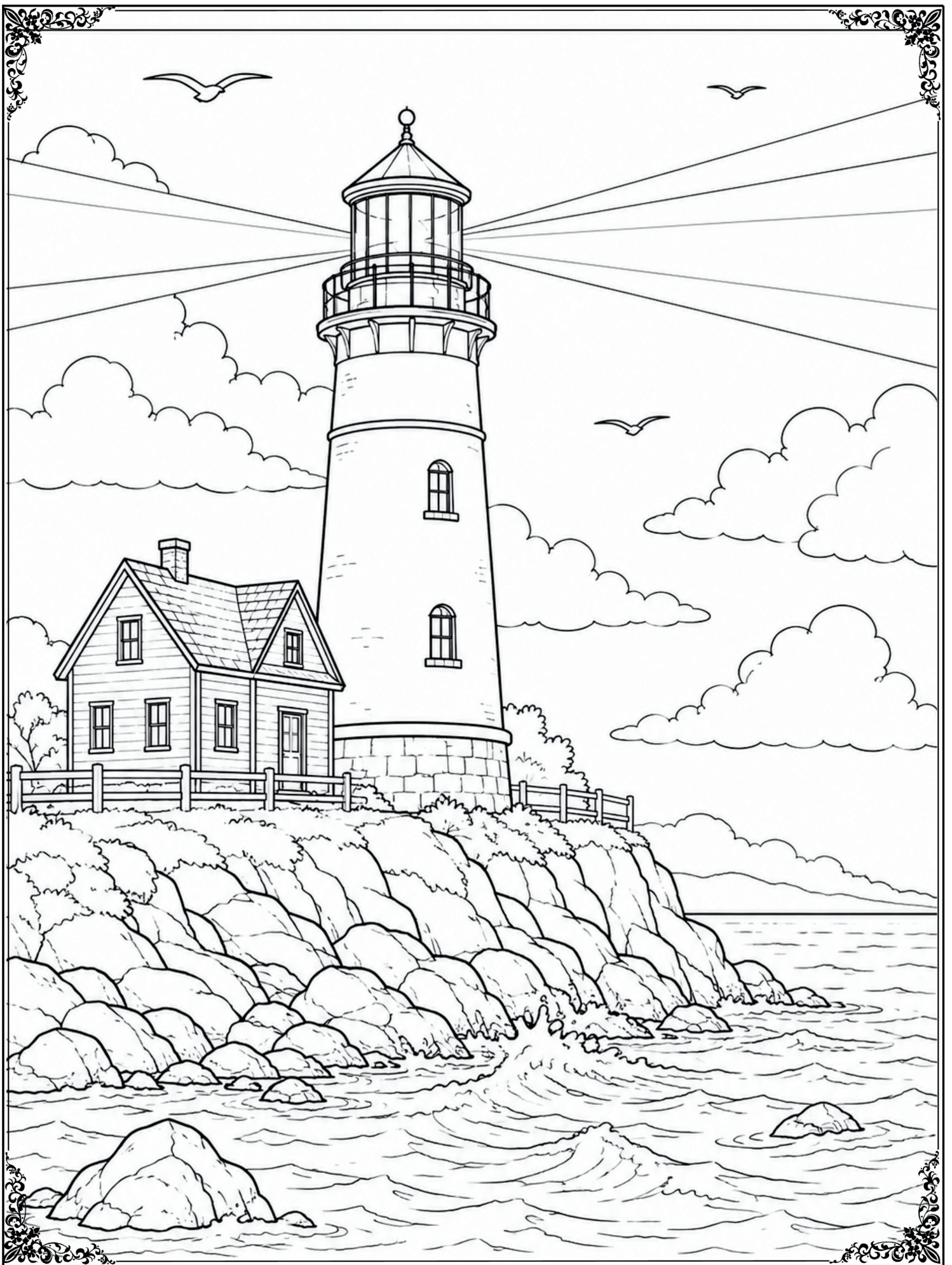


*John R. Lannon*

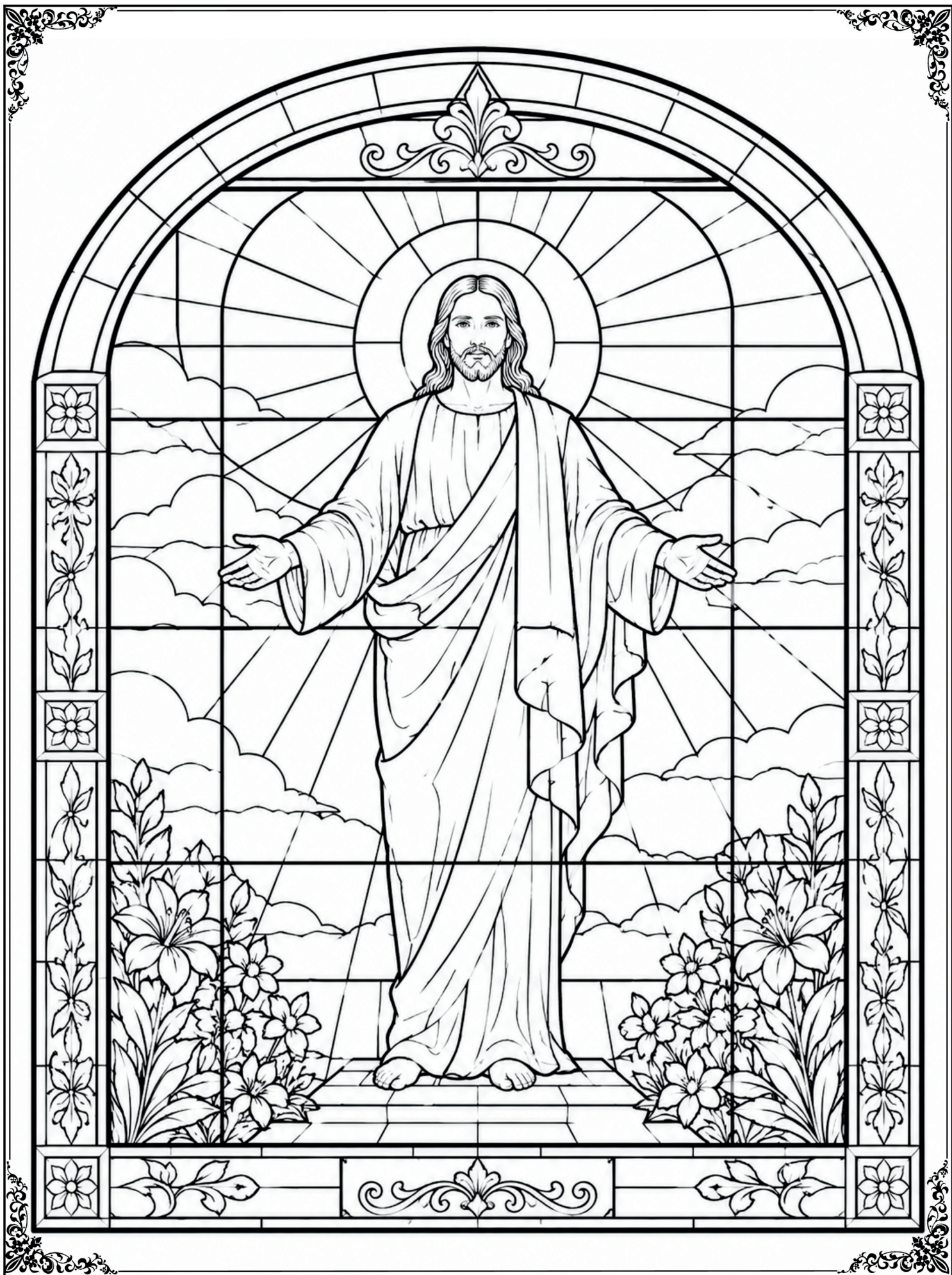


This resource is a companion study to The Millennial Instructor, Vol. 3, No. 2: “I Am The Light of the World.” It is designed to help deepen learning through inspiring challenges, creative thinking, and gospel-centered exploration. For more resources, updates, and future issues, visit [www.millennialstandardpress.com](http://www.millennialstandardpress.com)



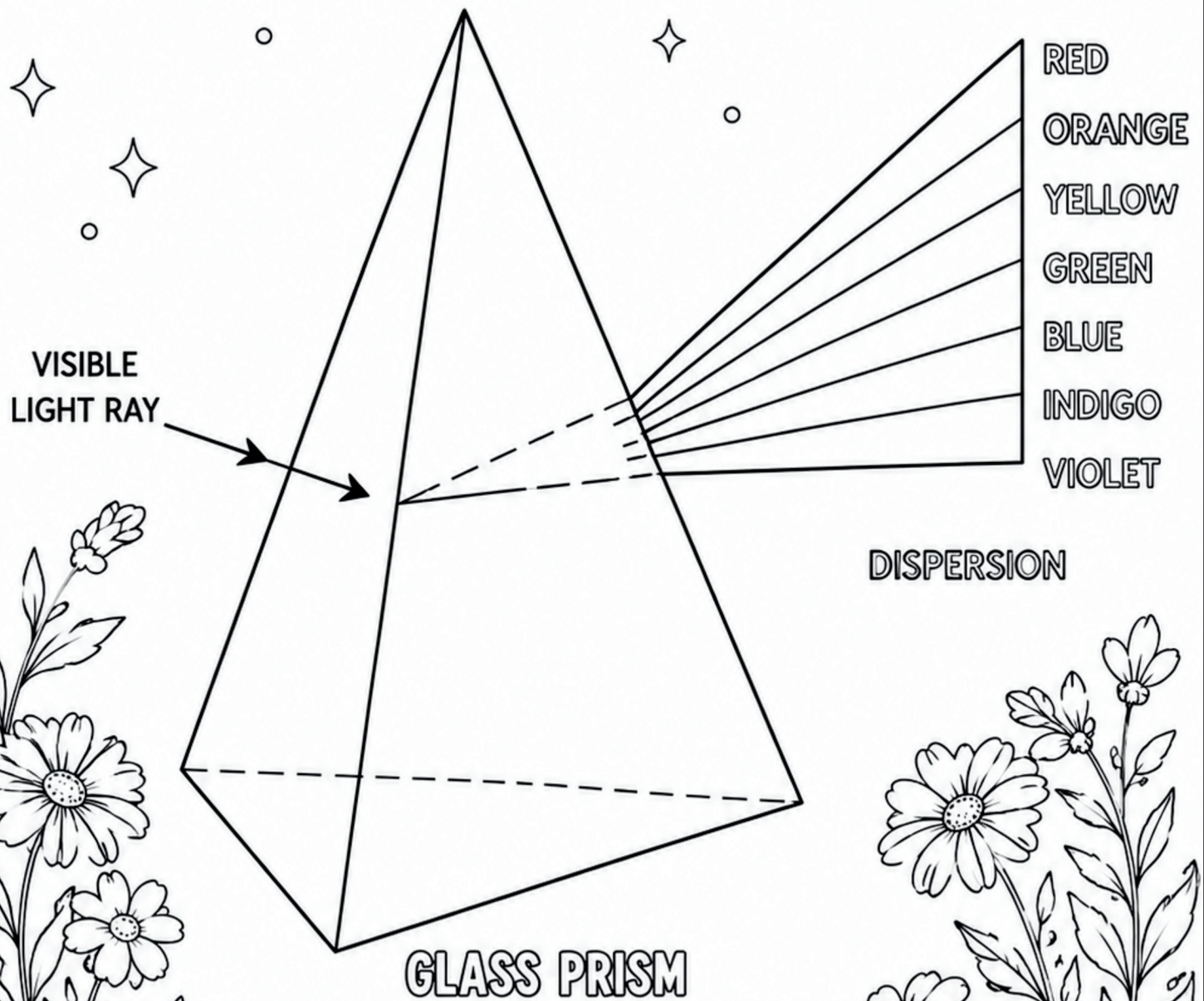








# DISPERSION OF LIGHT





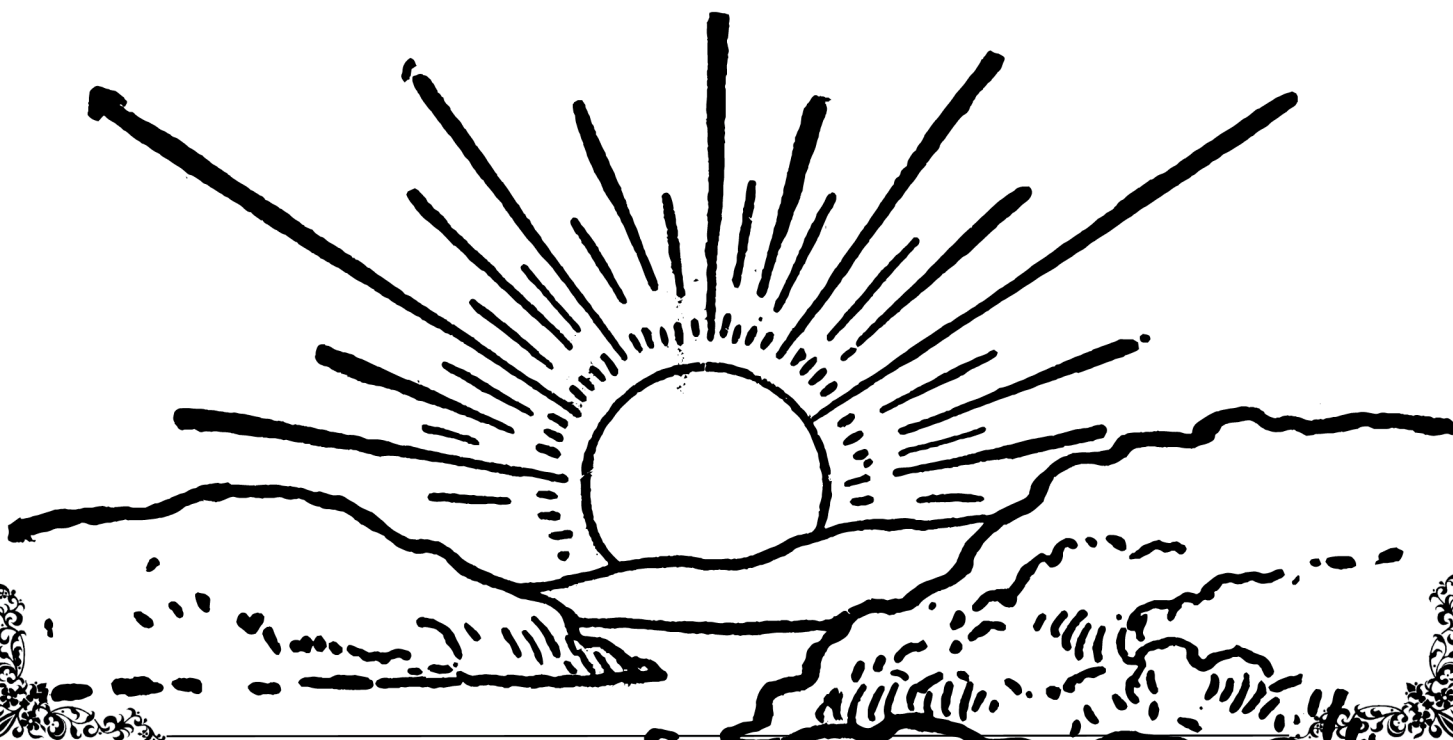
# LIGHT PLAYLIST



Scan the QR code with your phone or tablet to access a special Millennial Instructor–curated YouTube playlist. The videos follow the order of the articles in this issue, making it easy to learn and explore along the way.



- Light
- Lighthouses
- Opals
- Chandeliers
- Sun, moon, stars
- Church History
- Music
- And more!



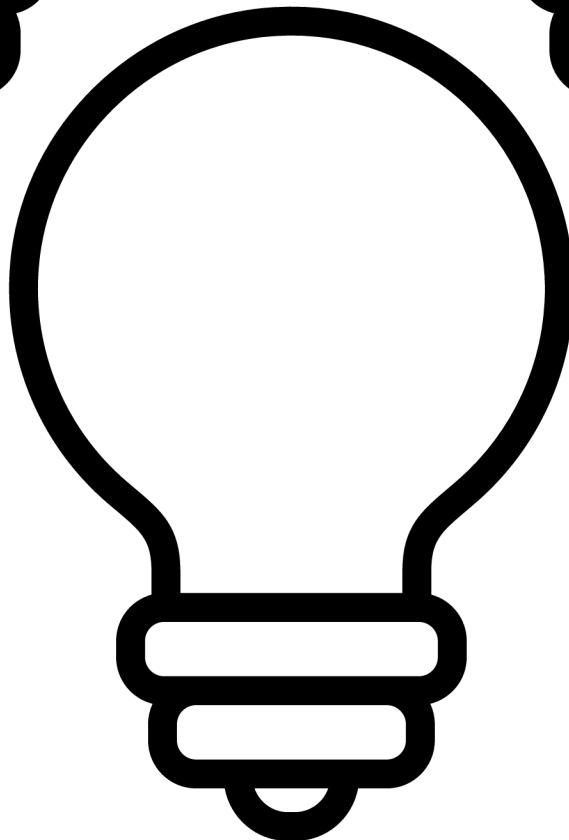
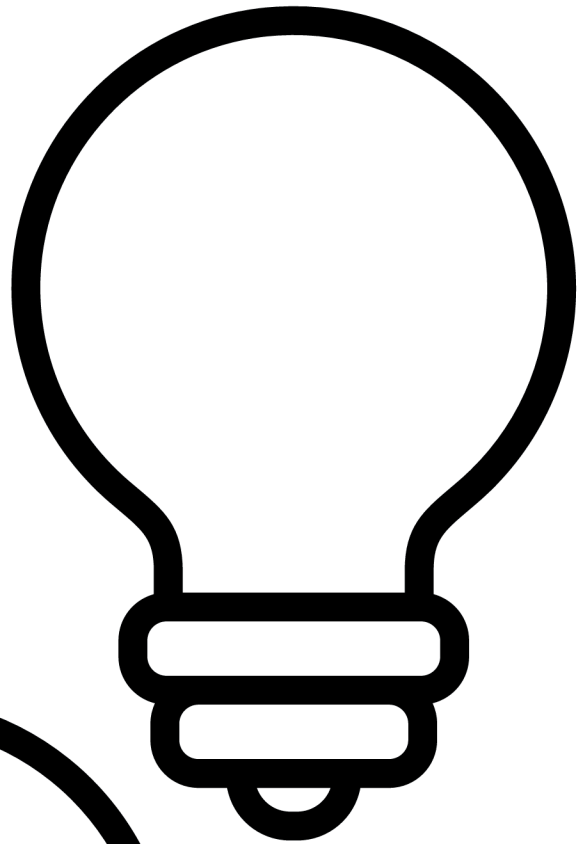
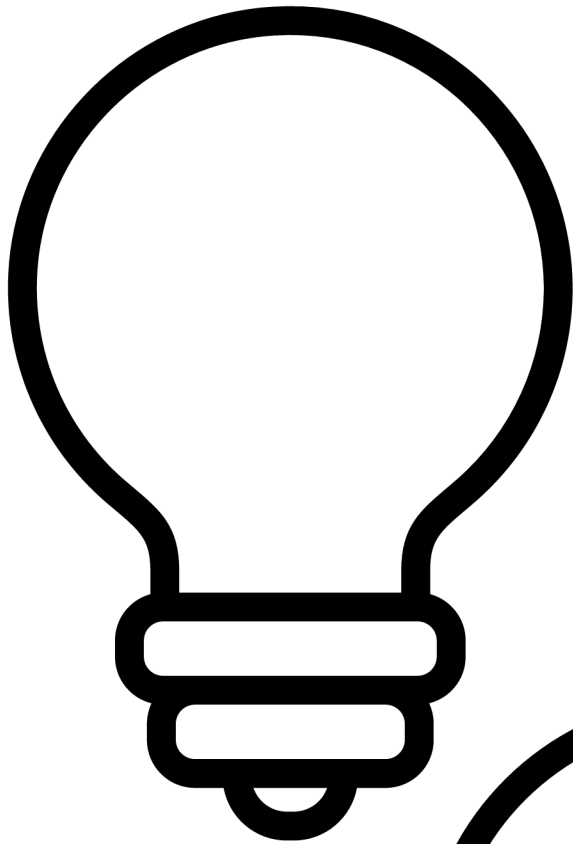


# LIGHT PLAYLIST



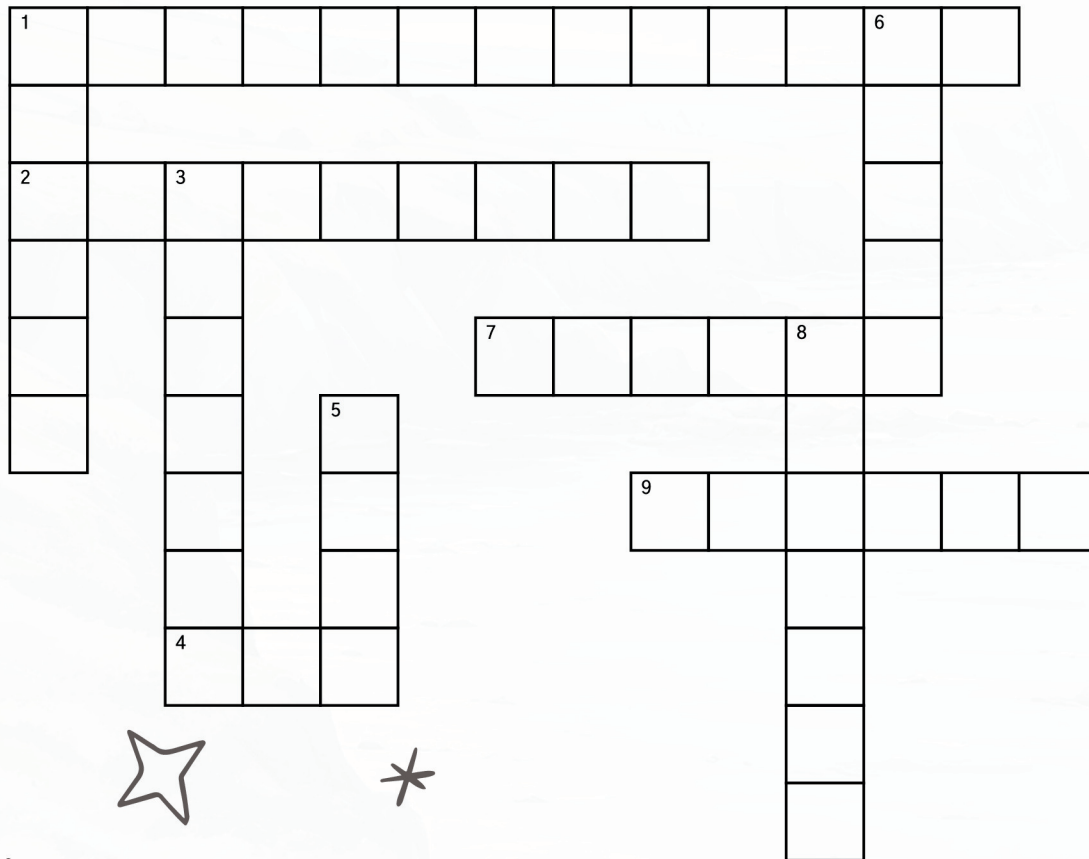
Watch the Light Playlist on YouTube and discover something new!

Draw or write one interesting thing you learned in each lightbulb.





# GALACTIC CROSSWORD PUZZLE



## Across:

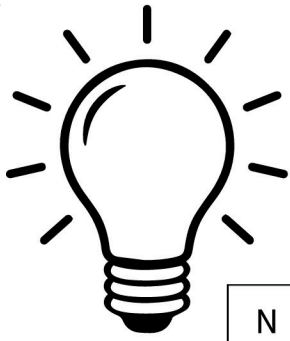
1. A group of stars forming a pattern in the sky
2. A massive explosion of a star
4. The star at the center of our solar system
7. A large body that orbits a star
9. A huge collection of stars, gas, and dust

## Down:

1. The universe and everything in it
3. The North Star
5. Earth's natural satellite
6. The path an object takes around another object
8. When one space object blocks the light of another

Word Bank: Polaris, Constellations, Supernova,  
Sun, Planet, Galaxy, Moon, Orbit, Eclipse, Cosmos





# LIGHT WORD SEARCH

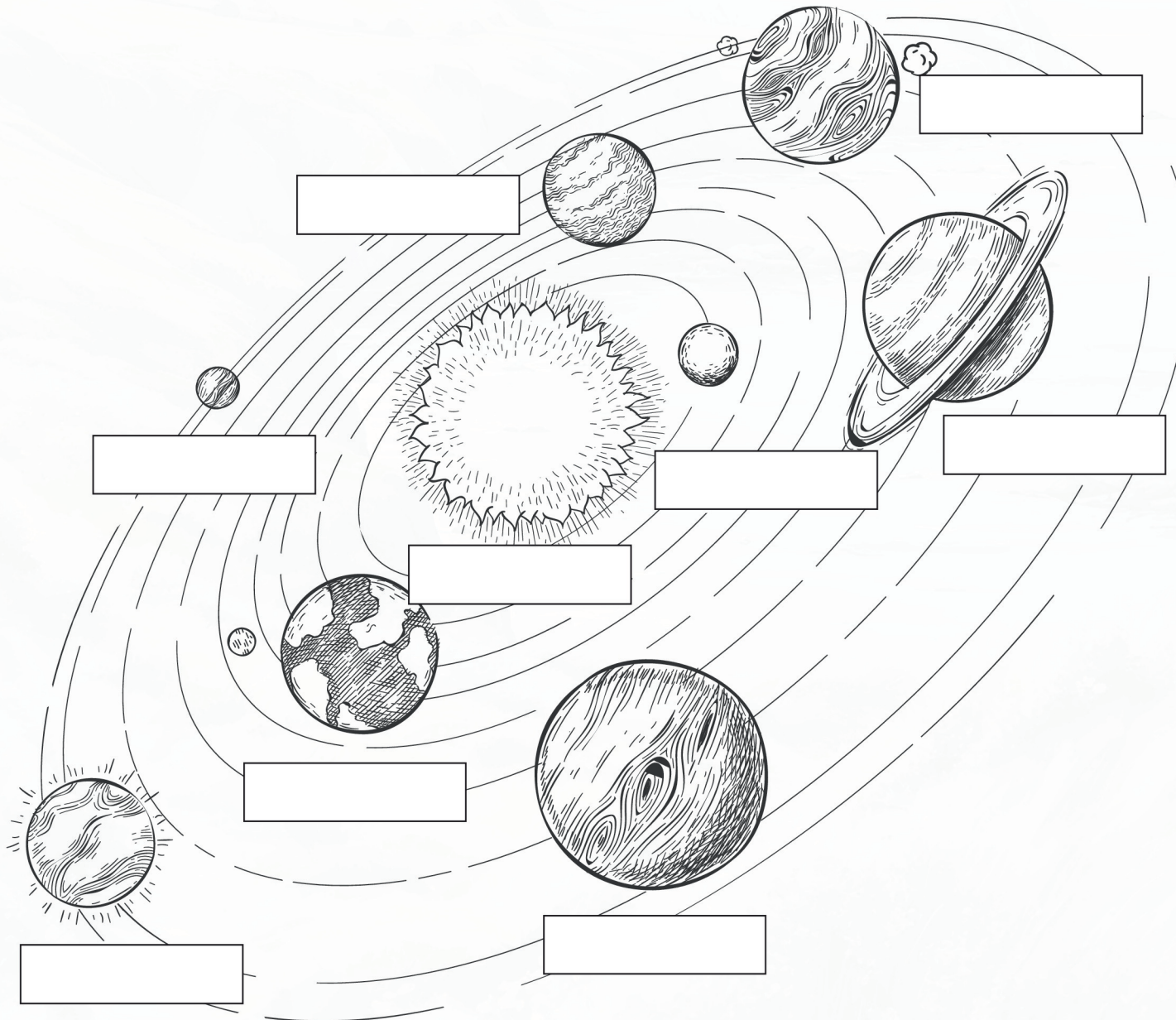
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| T | P | R | T | Y | E | S | O | Q | C | F | V | G | B |
| E | S | U | O | H | T | H | G | I | L | P | I | D | Y |

SUPERNOVA  
THOMAS EDISON  
REFRACTION  
LIGHTHOUSE  
RADIANCE  
SUNLIGHT

LUMINOUS  
POLARIS  
BRIGHT  
SHINE  
GLARE  
FLASH

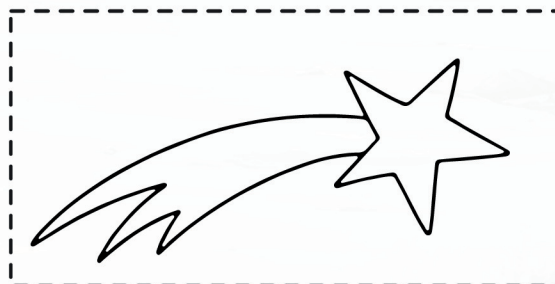
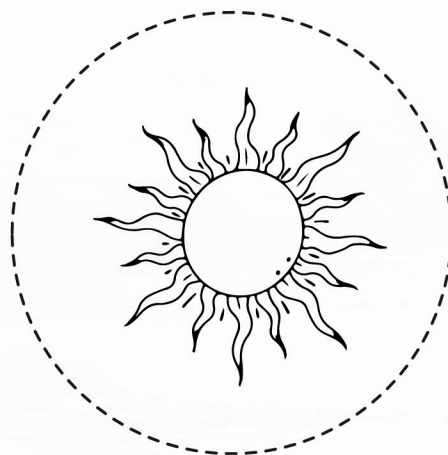


# NAME THE PLANETS





# PREWRITING SHAPE TRACING





# SPELLING PRACTICE



Glow

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Photosynthesis

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Sunbeam

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Rainbow

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Moon

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Planet

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Flash

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Fire

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Sunlight

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Constellation

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Beam

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Light

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# THE MYSTERY OF LIGHT

Light has special properties! In this experiment, you will investigate how light travels and what happens when it is blocked or reflected.

## Supplies:

- Flashlight
- 3 pieces of cardstock or index cards
- Scissors
- Tape
- Small mirror
- White paper
- A dark room

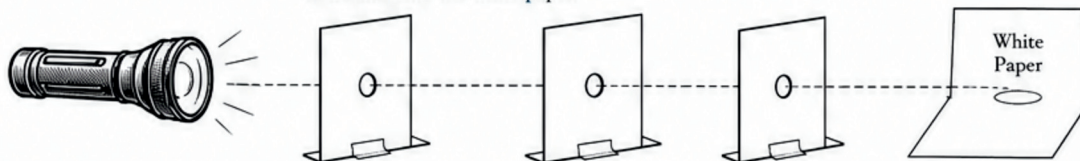
## YOUR MISSION

Use the materials above to complete the challenges below. Observe carefully and record what you discover about light!



## CHALLENGE 1: LIGHT TRAVELS IN STRAIGHT LINES

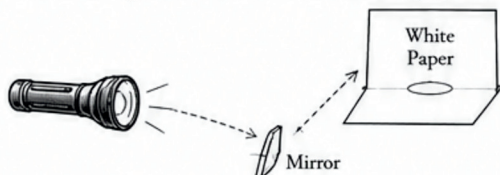
Make three cards with a small hole in the center of each one. Tape them upright in a row. Shine the flashlight through the holes and onto the white paper.



1. Line the holes up perfectly. What happens? \_\_\_\_\_
2. Move one card slightly. What happens to the light? \_\_\_\_\_
3. What does this tell you about how light travels? \_\_\_\_\_

## CHALLENGE 2: LIGHT CAN BE REFLECTED

Place a small mirror at an angle. Can you use the mirror to make the light travel around a corner to the paper?



Draw a picture of your setup and the path of the light.



What did you discover? \_\_\_\_\_

## CHALLENGE 3: LIGHT CAN BE BLOCKED OR PASS THROUGH MATERIALS

Shine the flashlight toward the white paper. Place each material in the path of the light. Record your observations.

| Material                                                                                            | Does light pass through?<br>(✓ Yes    ✗ No)              | What do you observe? |
|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------|----------------------|
| Clear Plastic    | <input type="checkbox"/> Yes <input type="checkbox"/> No |                      |
| Wax Paper        | <input type="checkbox"/> Yes <input type="checkbox"/> No |                      |
| Cardboard        | <input type="checkbox"/> Yes <input type="checkbox"/> No |                      |
| Colored Plastic  | <input type="checkbox"/> Yes <input type="checkbox"/> No |                      |

## THINK & REFLECT

1. What are three important things you learned about light from this experiment?  
a. \_\_\_\_\_ b. \_\_\_\_\_ c. \_\_\_\_\_
2. Where do you see these properties of light in your everyday life? Give two examples.  
a. \_\_\_\_\_ b. \_\_\_\_\_
3. What was the most surprising thing you discovered? \_\_\_\_\_



## WORD BANK

straight line

reflect

block

transparent

translucent

opaque



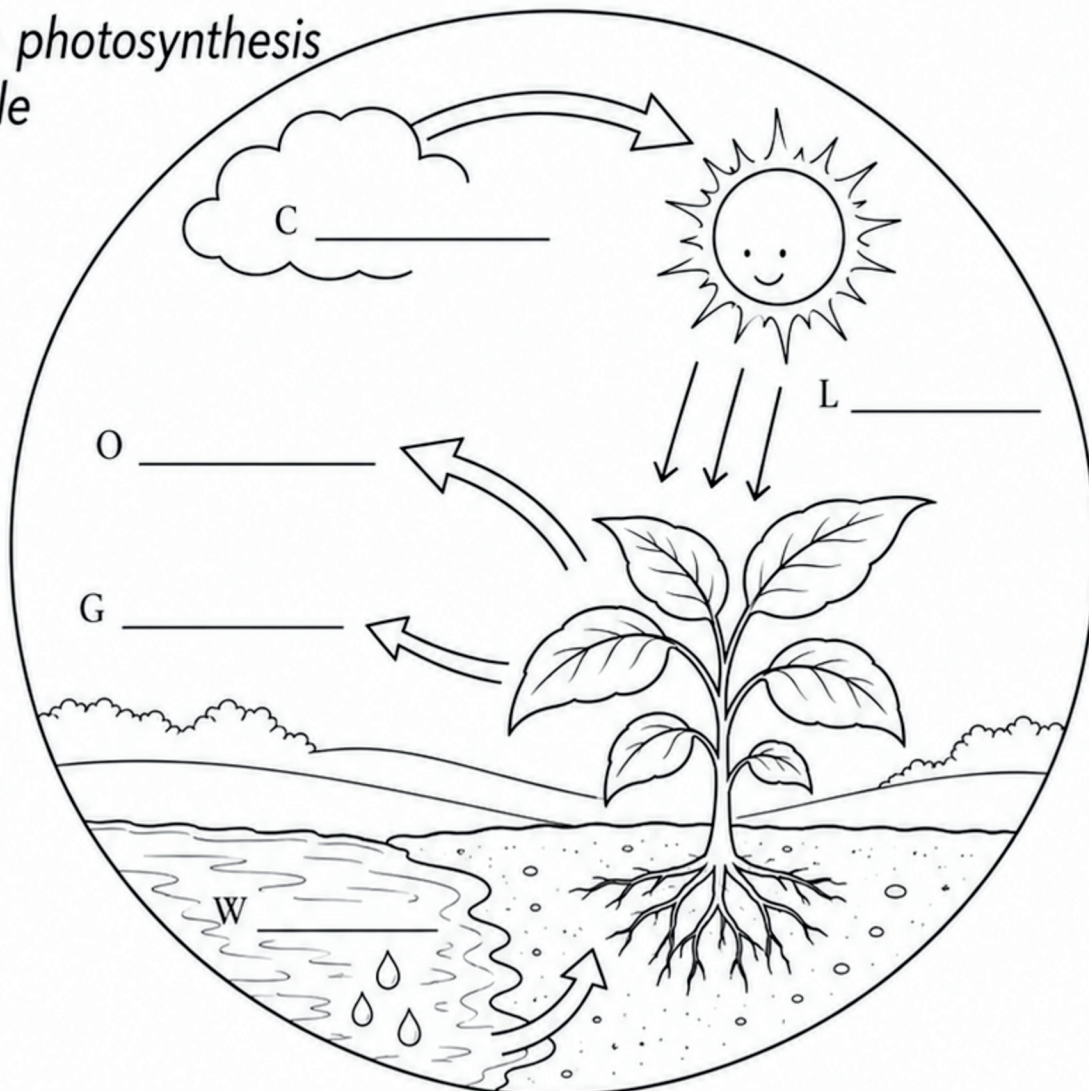
# THE PHOTOSYNTHESIS CYCLE

Plants use sunlight to make their own food in a never-ending cycle! During photosynthesis, plants take in carbon dioxide and water, use the sun's energy to make glucose (food), and release oxygen back into the air. This process helps plants grow and keeps our Earth alive.

Directions: Write the word from the word bank on each line of the diagram.

(The first letter is a hint to help you)

*The photosynthesis cycle*



## Word List

Carbon Dioxide

Sunlight

Water

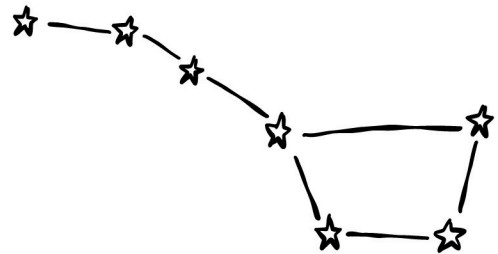
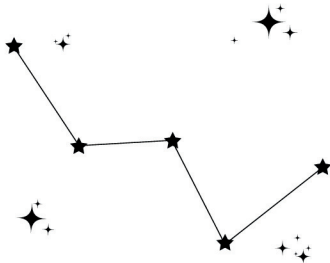
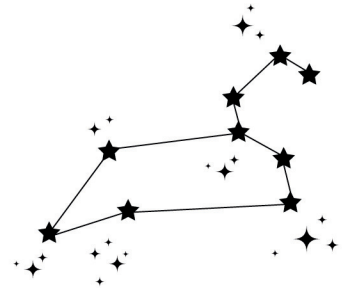
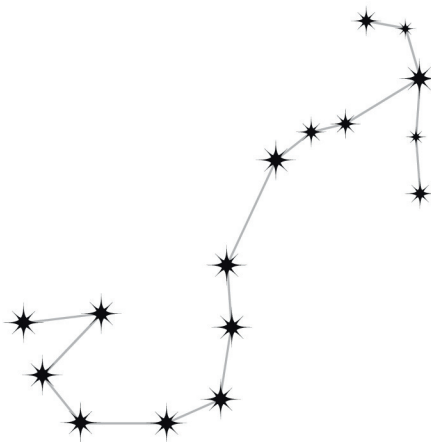
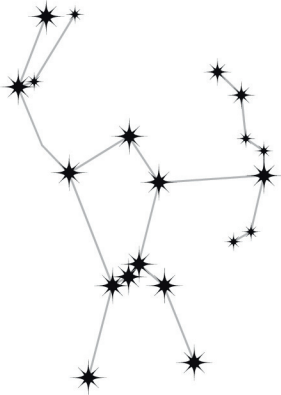
Glucose

Oxygen



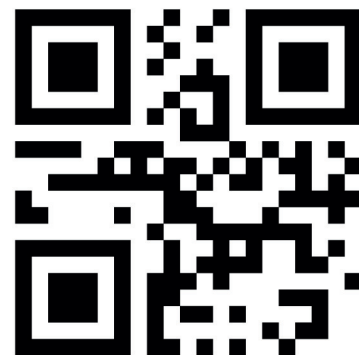
# NAME THE CONSTELLATIONS

1. Can you name these constellations?
2. Label each constellation



## Constellation Trivia

- This constellation is named after a hunter.
- This constellation is named after a lion.
- This constellation looks like a spoon.
- This constellation is named after a queen.
- This constellation is named after a venomous arachnid.



Scan the QR Code to  
learn more about the  
constellations



# GALACTIC MATCH-UP



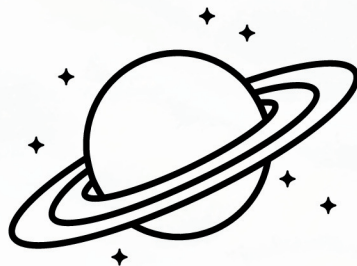
Match each picture to its name.



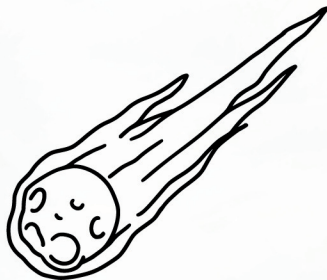
JUPITER



COMET



SUPERNOVA



GALAXY

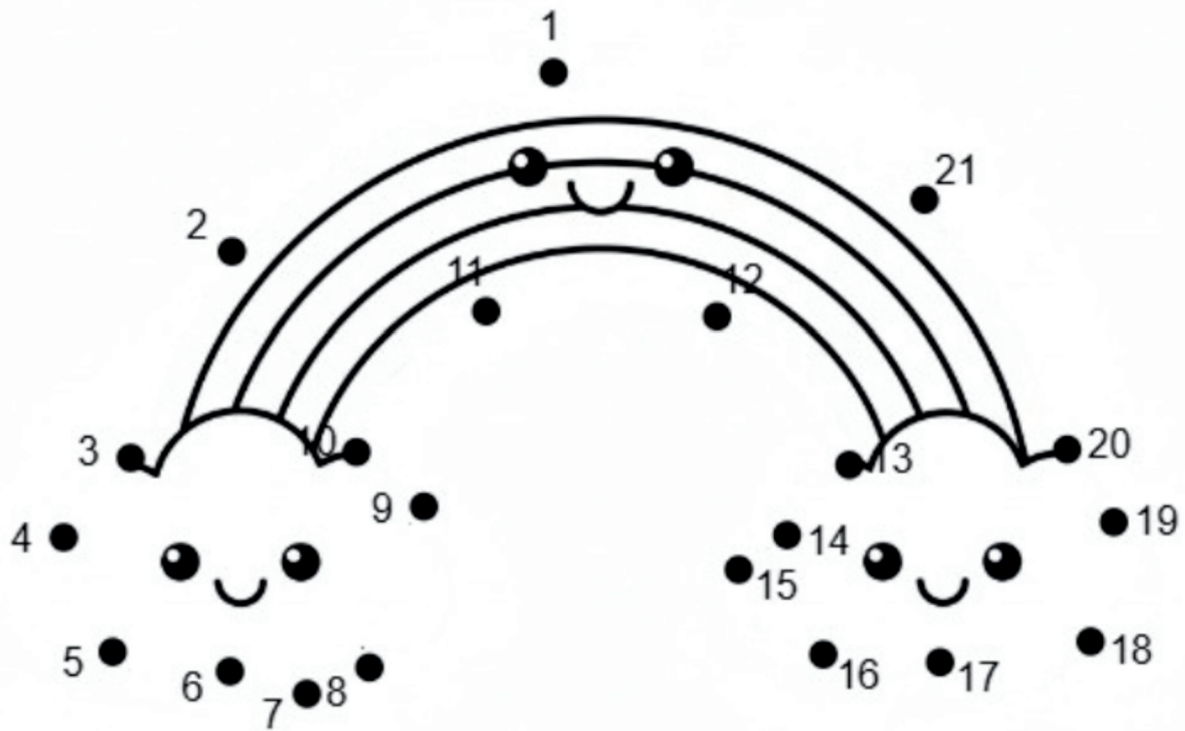


SATURN





# RAINBOW DOT-TO-DOT



# PRINT COPYWORK

Then spake Jesus again unto  
them, saying, I am the light of  
the world: he that followeth me  
shall not walk in darkness, but  
shall have the light of life.

John 8:12



# KINDER COPYWORK



I am the

light of the

world.



# CURSIVE COPYWORK



*Then spake Jesus again unto*

*them, saying, I am the light of*

*the world: he that followeth me*

*shall not walk in darkness, but shall*

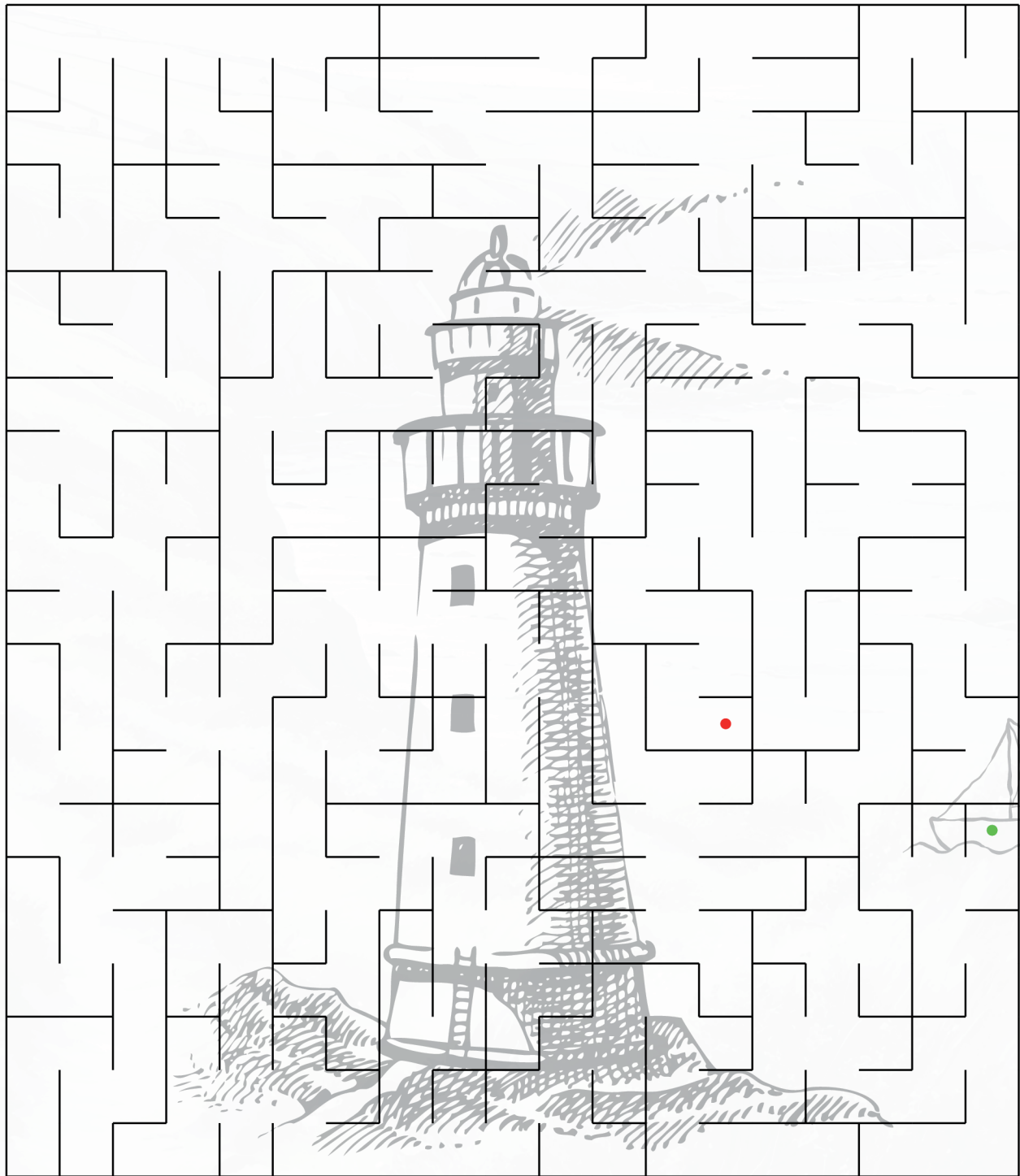
*have the light of life. - John 8:12*





# LIGHTHOUSE MAZE

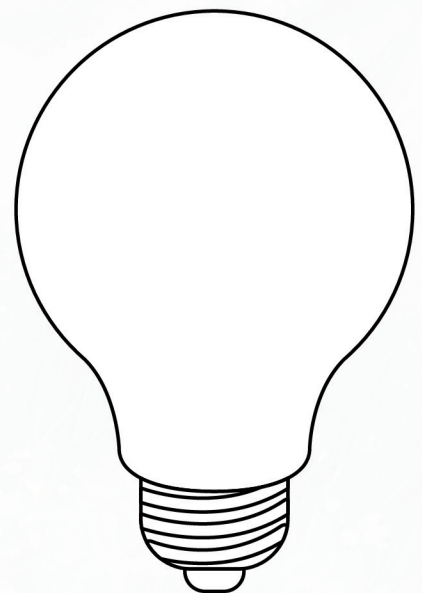
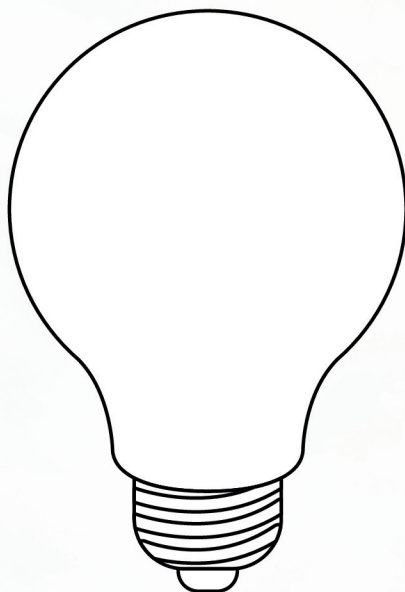
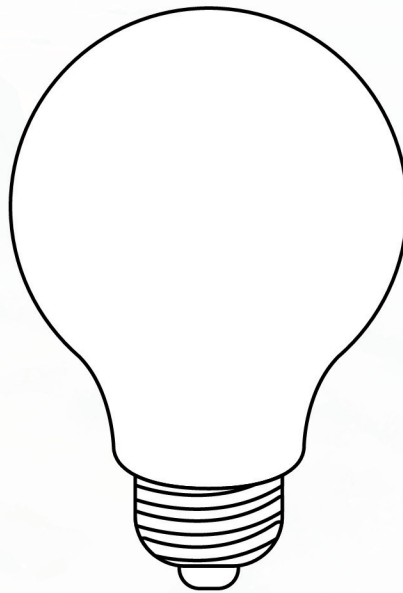
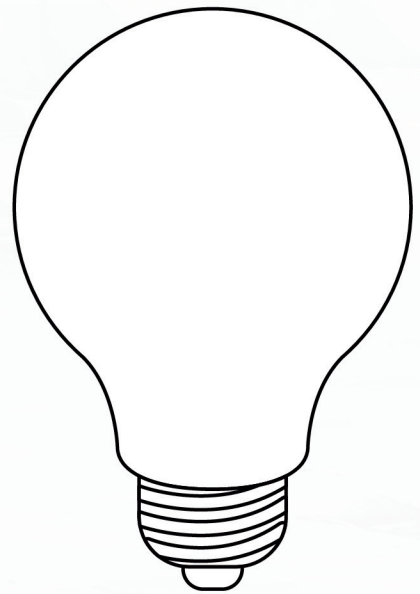
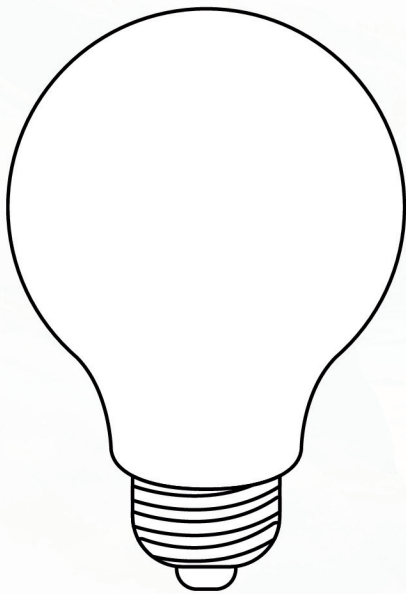
Help the little boat navigate the stormy seas and find his way to the lighthouse. Start on the green dot and end on the red.



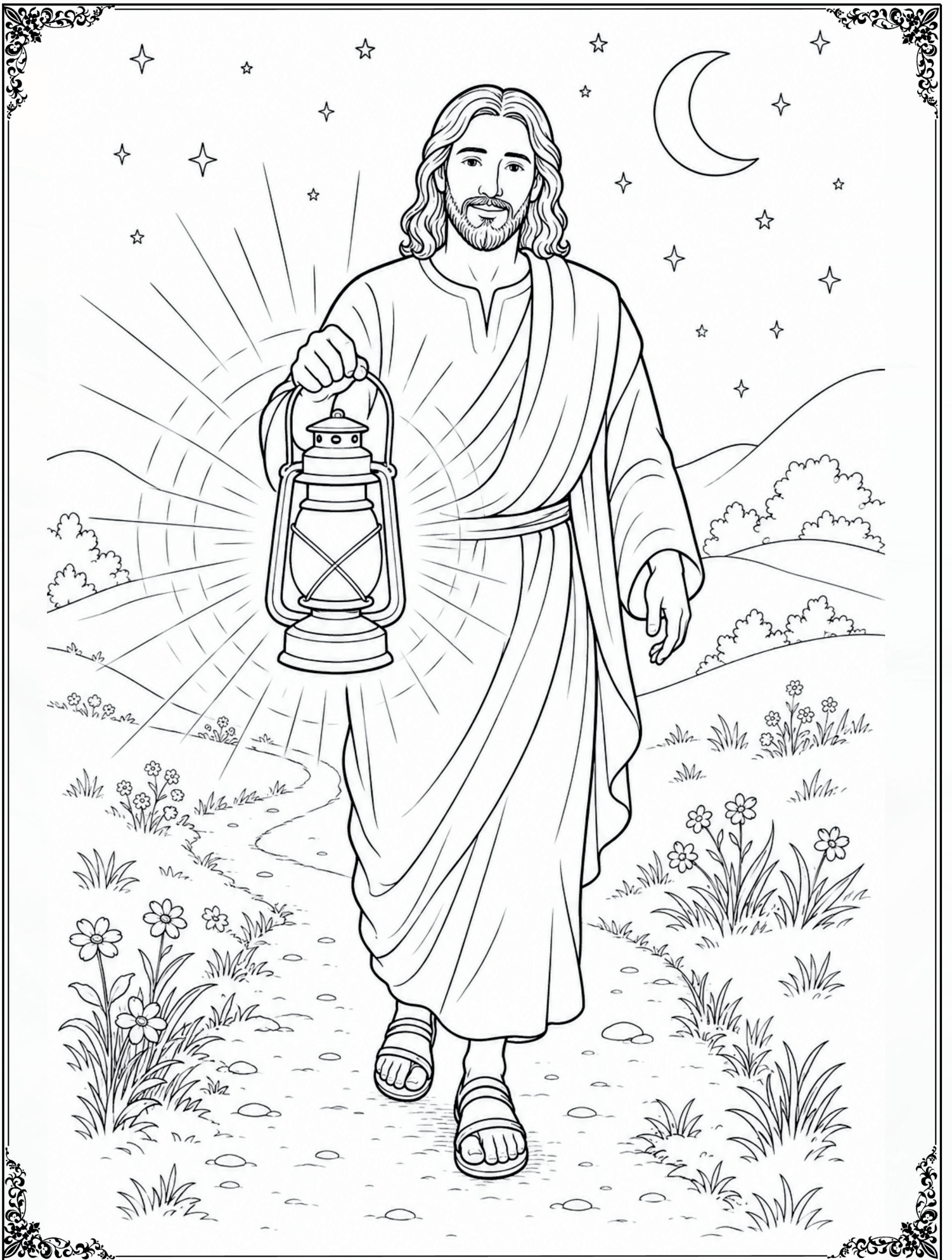
# FILL THE LIGHTBULBS

Jesus said "I am the light of the world",  
"I am the light of the world: he that followeth me shall not walk in darkness, but shall have  
the light of life." John 8:12

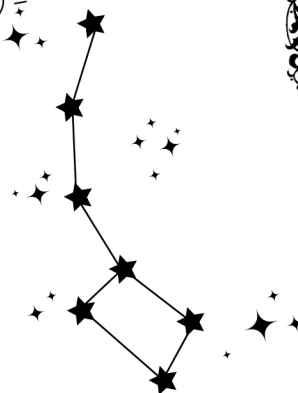
In the lightbulbs below write down different ways that Jesus fills us with light. (examples:  
peace, love, ideas)





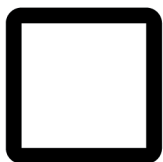


# MILLENNIAL MINDS



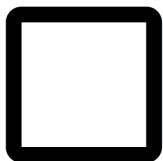
## Scholarly Adventures for Teens and Adults

### Lighthouse Discovery:



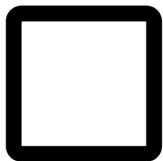
For centuries, lighthouses have helped sailors safely navigate dangerous coastlines, rocky shores, and stormy seas. Choose a famous lighthouse and learn its story. Where is it located? When was it built? How far could its light be seen? Then draw a picture of it and read John 8:12. How is Jesus Christ like a lighthouse, and what can you do to follow His light when life feels dark or uncertain?

### Living Lights:



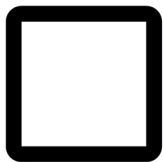
Some living creatures can make their own light! This amazing ability is called bioluminescence. Fireflies, glowworms, jellyfish, and many deep-sea creatures use light to find food, communicate, hide, or protect themselves. Choose one bioluminescent creature and discover how and why it glows. Draw a picture or write five fascinating facts about your living light.

### Lights in the Northern Sky:



Sometimes the night sky comes alive with glowing ribbons of green, pink, purple, and red. These lights are called the aurora borealis, or northern lights. Research what causes this incredible display. Where can it be seen? Why do the colors change? Find photographs or videos of the northern lights, then create your own picture of the sky filled with light.

### Pictures in the Stars:



For thousands of years, people have looked at groups of stars and imagined pictures in the night sky. These patterns are called constellations. Choose one constellation and learn about it. What does its name mean? Which stars form its shape? When and where can it be seen? How long has its light traveled before reaching your eyes? Draw a star map of your constellation, then go outside on a clear night and try to find it in the sky.

